

LivingGrief and Emotional wellbeing services at St Elizabeth Hospice

Co-ordinating bereavement support across East Suffolk

St Elizabeth Hospice bereavement service, LivingGrief, is here to co-ordinate all bereavement support across East Suffolk.

Our LivingGrief bereavement and emotional wellbeing enquiry line is available for anyone who is impacted by a bereavement, regardless of whether they have accessed the hospice before or not. The enquiry line provides access to a member of the team who can help find an appropriate service to meet the needs of the individual, from 9am–4pm, Monday to Friday.

To make a referral please complete our online form [Bereavement support referral form – St Elizabeth Hospice](#)

There is further [bereavement support and information resources on our website](#), including a third party service called GriefChat where individuals can speak directly with a specially trained bereavement counsellor through instant online chat.



LivingGrief bereavement & emotional wellbeing enquiry line
0300 303 5196 • Mon-Fri • 9am - 4pm

- Coordinating bereavement support across East Suffolk
- Finding the right service to meet your needs
- Specialists in bereavement and working with people impacted by a life-limiting illness
- Access to 565 Service - emotional wellbeing and bereavement support for 5-18 year olds